Lesson 2 Reteach

Metric Units of Capacity

Two metric units of capacity are the **liter** and the **milliliter**. The table compares these units.

Unit	Abbreviation	Estimate
liter	L	WATER
milliliter	mL	

Look at the cup of water.



Decide whether the cup holds 200 milliliters or 200 liters of water.

The cup cannot hold as much water as the bottle in the chart. It can hold less than 1 liter of water. It cannot hold 200 liters of water. So, 200 milliliters is the more reasonable estimate.

Choose the more reasonable estimate for each capacity.

1.



250 mL

250 L

2.



4 mL

4 L