

Physical Education
8th Grade Physical Education – Intermediate Fitness
Disclosure Statement
Quest Academy
Coach Roskelley

CLASS DESCRIPTION- The primary goal of Physical Education instruction is to develop attitudes, skills, and behaviors to empower students to live healthy and productive lives.

- Demonstrate competency in activity, competition, and physical fitness
- Derive satisfaction through fair play, skill development, and participation with people of diverse backgrounds
- Apply complex thinking through problem-solving skills in activity settings
- Develop strategies for a lifelong healthy lifestyle
- Apply attributes of responsible citizenship
- *Based on UEN.org standards for secondary physical education

RULES- (RAMS P.E.)

- R – **Respect your teacher and classmates**
- A - **Always try your best**
- M - **Make sure to change into your gym clothes**
- S - **Sportsmanship, helping others succeed and have fun**
- P - **Participate Daily**
- E - **Equipment – Use it properly**

-Have fun and let's **ALL** get better, **TOGETHER!**-

DRESS CODE/LOCKER ROOM EXPECTATIONS-

- Solid color top without logo (or Quest Academy logo shirt)
- NO V-Neck Shirts allowed (or anything tight and revealing)
- Solid color shorts / workout pants pockets (black, blue not tight or revealing)
- Proper gym shoes that are non-marking (must have backs)
- Students are expected to dress by the 3rd day of class each quarter
- *Encourage students to bring gym home clothes at least 1 x per week for washing
- Encourage your student to shower and wear deodorant on a daily basis
- NO GLASS PERFUME and COLOGNE bottles allowed in the locker rooms. If you break it you clean it!

*Please see the Parent Handbook for other PE information

LOCKERS-

Each student will have the use of a locker each day in class. A lock is optional and is required to be removed after the period so the locker will be available for the next class. It is the responsibility of the student to lock up their belongings *QUEST ACADEMY IS NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS

GRADING-

Grades will be earned through mastery of the standard, daily participation, dressing, and sportsmanship.

GRADING SCALE * UPDATED FOR 2017-2018 SCHOOL YEAR

- **A** 100%-87% The student demonstrates mastery of the standard (can apply and teach).
- **B** 86%-80% The student demonstrates proficiency of the standard.
- **C** 79%-70% The student is approaching proficiency.
- **D** 69%-51% The student is well below proficiency.
- **F** > 50% The student does not attempt to meet the standard.

DAILY POINTS

- Students are expected to change into their gym clothes, participate with warm ups, activities, and complete fitness tests and assessments.

ASSESSMENTS/QUIZZES/TESTS

- Unit assignments, quizzes, and tests will be given throughout the semester in regards to the various units to track progress individually to that student and not against his or her classmates. Assignments, quizzes and tests are to help me as the educator to track proficiency of the standard that we are working towards mastery as a class.

CITIZENSHIP GRADE

A student who is not dressed is still able to participate in the class but will be docked on his or her citizenship grade.

Each time the student must be reminded to stay on task 1 point will be deducted from the students' citizenship grades.

Receiving a ZAP is an automatic 10 point deduction from the citizenship grade. Demerits may be issued from the citizenship if the teacher deems appropriate.

Demerits: Harassing or making fun of another student, profanity in class or locker rooms, talking during roll, warm-ups, or instruction, not stopping play when the whistle blows, leaving the gym before the bell rings, tardy to class, gum in the gym, and any other action considered inappropriate by the teacher

CHECKING GRADES-

*Parents or guardians can check student's grades by going to the school website, www.questac.org Click on For Parents then Aspire Gradebook (SIS) Type in username and password. This will allow parents to access grades, missing assignments, citizenship, attendance, and report cards.

MAKE UP WORK-

Students are allowed 2 excused absence per quarter. This will result in an E for participation on Aspire/SIS and will not deduct from their points that day. (Tests and assignments missed will still need to be made up 1 day after returning to school).

INJURIES AND ILLNESS-

If for any reason a student cannot participate in a physical activity, he or she must have a written statement from a doctor or a parent. Please tell the teacher what you CAN do, along with what you cannot do. If the student is unable to participate due to a temporary injury they will be assigned a typed one page double spaced paper on the rules and facts regarding the current sport or activity within class. This will allow for the student to make-up the activity that the student missed. Students with asthma should have an inhaler with them at all times.

CONTACT INFORMATION-

Mr. Roskelley
Email: droskelley@questac.org
Phone: 801-731-9859
Blog: <http://qacblogs.org/derick.roskelley/>

RETURN THIS PORTION

HEALTH PROBLEMS/CONCERNS:

Please list below if you child has a health problem that I need to know about as the Physical Education teacher. If there are any medications that will affect their participation in my class please list and explain also. Students with asthma should have an inhaler with them at all times.

I have read and understand the disclosure listed above for the Physical Education course at Quest Academy Charter my child is currently enrolled.

Students Name _____ Class Period _____

Parent or Guardian _____ Date _____

Parent or Guardian Signature _____