Section 2.3 Expressing Your Emotions

MEDIA Wise

News Content and Emotions

Activity

Watch a local news program and record the content of each story. Don't include weather or sports. Use the checklist to evaluate the program. Write a paragraph summarizing what you learned. Also describe how the news affected you. WRITING

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Section 2.3 Expressing

Expressing Your Emotions

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Were two or more stories about a crime or a trial?

Yes No

Did you see a car crash, train wreck, or plane crash?

Yes No

Were there reports about fires, floods, or other disasters?

Yes No

Did most of the people who were interviewed express sadness, fear, or anger?

Yes No

Did a majority of the reports show events with negative outcomes?

Yes No

Two or more "Yes" answers indicate a program that could increase your level of fear or anxiety.