



## **States of Matter**



What is *matter*? All living and non-living things are made of 11 matter. Everything that takes up space is made of matter. Even 22 you are made of matter! A *property* is a way to describe matter, 35 such as how it looks and what if feels like. We can also describe 49 how much *mass* it has and what type of matter it is. Matter that 63 is heavy or large has more mass than matter that is smaller or 76 lighter. There are three main types of matter: *solids, liquids,* and 87 gases.

A solid is matter that holds its own shape. Solids tend to be 101 hard and do not change their shape much. A chair, a rock, and 114 ice are examples of solids. Even you are a solid! 124

A liquid is a type of matter that does not have its own shape. Liquids flow, can often be poured, and can take the shape of whatever container they are in. Water, milk, and paint are examples of liquids.

A gas is like a liquid because it flows and takes the shape 176 of its container. The air around us is made of different gases. 188 Gases can be invisible or have a smell. *Oxygen* is an important 200 gas in the air that we need to breathe. *Helium* is a gas that is 215 very light. When we fill balloons with helium, they float because 226 helium is lighter than the other gases around the outside of the 238 balloon. Even the Sun is made of burning gases! 247

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Forces: P	ush and	Pull	
Name:	•objects •motion	•position •force	Power Wordsl •friction
After reading find the	and cold	vr them	

Objects can move. The *position* of an object tells us where an object is located. A pencil may be on top of your desk. That is the pencil's *position* or location.

*Motion* is a change in the position of an object. When you push the pencil on top of your desk, it will put the pencil in *motion*. This changes the pencil's *position*. Any time something travels or moves around, it is in motion. When you ride your bike down the street, you are in motion! Things are in motion when they move back and forth, when they move side to side, and when they move up and down. Speed tells us how fast something is moving.

A force is a push or pull that can change the way something moves. You can push a friend in a swing, or pull a wagon behind you. It takes a pull to tug your backpack up to place it on your shoulders! When you throw a ball, you are pushing it through the air! It takes more force to move a heavy object. For example, it is harder to push a bowling ball than it is to push a baseball. Magnets can push or pull other metals!

*Friction* is a force that slows down moving things. Friction pushes against an object to slow its motion. When you ice skate on smooth ice, there is very little friction, so you can skate quickly. When you skate on a rough surface, there is a lot of friction, so it slows your motion. Dragging your feet while riding a bike creates friction that slows you down. Forces can affect us in many ways! 11

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with how he	The Sun
No Provide the second s	•gases •Solar System •orbit •energy •wasteland •water cycle •evaporates •seasons
After reading, find the	and color them

The Sun is a star. A star is a body made of burning hot 14 gases. The Sun is at the center of our *Solar System*, which 26 includes the Sun and all the planets that *orbit* around the Sun. The 39 Sun is a lot bigger than our Earth, but it is smaller than some 53 other stars. Many stars may look smaller than the Sun, but that is 66 only because they are farther away than the Sun. 75

The burning hot gases of the Sun give off a lot of *energy*. 88 The Sun provides light and heat for the Earth. Without the Sun, 100 the Earth would be a dark and frozen wasteland where no life 112 could survive. 114

Almost everything on Earth depends on the Sun's energy.123Plants use the Sun's energy to grow. Animals eat plants, and134other animals eat those animals. The Sun also powers the water145cycle. The Sun warms water and the water evaporates into the156air. Then water droplets gather in the air to form clouds. The168water returns back to the Earth in the form of rain or snow.181

Because the Earth is tilted as it orbits the Sun, the Sun's 193 rays reach the Earth in different ways at different times of the 105 year. These changes create the four seasons on Earth: Spring, 115 Summer, Winter, and Fall. 119

	The	Moon	
	Name: .		~~~
	,	•Solar System •orbi     •rotates •phases     •Crescent Moon	its •New Moon •Full Moon
After reading find the		•waxing •waning	• craters

Some of the planets in our *Solar System* have more than one12 moon, but The Earth has only one moon. Sometimes it seems that 24 the Moon simply travels across Earth's sky, but the moon *orbits* 35 the Earth. This means that the moon travels all the way around 47 the earth. It takes the Moon about 28 days to orbit the Earth. 60 The moon *rotates* while it orbits. 66

79 The Moon does not make its own light and heat like the Sun. 92 We can see the Moon because the Sun's light shines on it. One side of the Moon is always lit by the Sun. As the Moon rotates 106 and orbits the earth, different parts of the Moon are lit by the 119 Sun. It looks like the Moon is changing shape, but it is not. The 133 Moon is just going through phases. The first phase is a New Moon, 146 which happens when only the part of the Moon facing away from 158 Earth is lit by the Sun and the part of the Moon facing the Earth 173 is dark. We have a *Crescent Moon* when only part of the moon 186 facing us is lit, and we have a *Full Moon* when the Sun lights the 201 entire side of the Moon facing us. When the shape of the moon 214 seems to grow bigger, we say it's *waxing*. When it seems to grow227 232 smaller, we say it's *waning*.

The moon has mountains and valleys just like Earth. The 242 moon is rocky and dry. It also has *craters*, which are holes made 255 by rocks that have crashed into the moon. 263

T	he Earth	ו	
Na Sing Na	me:		
	•orbit	•rotates	Power Words!
I I Govern	•hours	•crust	•mantle
	•core	•metal	•solid
·····	•liquid	•atmospl	nere
After reading, find the	an	d color them	

The Earth is the third planet from the Sun. Earth has one 12 moon, and it takes the Moon about one month to orbit, or go 25 36 around, the Earth. The Moon orbits the Earth and the Earth orbits the Sun. 39

As Earth orbits the Sun, the Earth rotates a full turn 50 63 every 24 hours. That's a full day! It takes about 365 days for 75 Earth to orbit the Sun. That's one year! Earth gets light and heat from the sun 79

The Farth is made of rock and metal. The surface of 90 the Earth is the *crust*, which is made of soil and rock. Under 103 the crust is the *mantle*, which is also made of rock. Deep 115 128 inside the center of the Earth is the *core*, which is made of 134 very hot solid and liquid metal.

The Earth is surrounded by gases, which are called the atmosphere. The atmosphere has the air we breathe.

The surface of the Earth is mostly water, which is in the 164 form of oceans, lakes, and rivers. Earth has so much water 175 that we sometimes call it The Blue Planet! The rest of the 187 197 Earth is made up of deserts, jungles, forests, and prairies. Over 8 million different kinds of plants and animals live on 208 Farth

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Rocks a	nd Min	erals	
Name:	•crust	•mantle	Power Words!
	•minerals	•inorganic	•liquids
	•solids	•gases	•quartz
	•textures	•metals	•calcium

Rocks can be found all over the Earth. In fact, Earth's crust12and part of its mantle are made of rock! Some rocks are big and26some rocks are small. A rock can be as big as a mountain or as41small as a grain of sand.47

Rocks are made of *minerals*. Minerals are natural, *inorganic* 56 solids. This means that they are not made by humans, they are not 69 alive, and they are not *liquids* or *gases*. Some rocks are made of only 83 one mineral and some rocks are made of more than one type of 96 mineral. There are many types of minerals. Some examples of 106 minerals are gold, *quartz*, and copper. 112

Rocks can be different sizes or different colors, or have 122 different *textures*, have different levels of luster, or have different 132 levels of hardness. Texture is the way an object feels. Some rocks 144 have a smooth texture and some rocks have a rough texture. Luster 156 is how shiny or dull an object is. Some rocks are very hard and some 171 rocks are soft. A diamond is the hardest mineral. Talc is the 183 softest. We can sort rocks based on their size, color, texture, luster, 195 or hardness.

We use rocks and minerals in many ways! Rocks can be used to 210 help create roads, buildings, and bridges. Metals, which are types of 221 minerals, can be used to create tools. We even eat some minerals! 233 Salt is a mineral, and *calcium* is a mineral found in milk, fruit, and 247 vegetables! 248

Water and the	ne Water Cycle
Name:	•oceans •underground •groundwater •resource •water cycle •evaporates •liquid •gas •water vapor •atmosphere •condense •conserving

After reading, find the \_\_\_\_\_ and color them \_

Earth is sometimes called "The Blue Planet" because most of 10 23 the Earth is covered with water! The water is in the form of rivers, lakes, and *oceans*, and there is even water *underground*. 33 44 The water underground is called groundwater. All of this water is an important resource drinking and for watering plants or crops. 54

The water cycle is the movement of water on, above and 65 below the Earth. The water cycle is powered by the Sun. When 77 88 water is heated by energy from the Sun, it *evaporates*. This means that the air turns from a *liquid* to a *gas*. The evaporated 101 112 water is called *water vapor*, and the water vapor becomes part of the air in the *atmosphere*. The atmosphere is the gases around 124 137 Earth. You can't always see water vapor, but it is all around us. As water vapor rises into the air, it cools down, which makes the 150 water *condense*. This means that the water becomes a liquid 160 again. Tiny drops of condensed water join together to form 170 clouds. As more and more water joins together in clouds, the 180 water becomes too heavy to stay in the air. The water falls back194 to the Earth in the form of rain or snow. When the Sun heats the 209 water again, the water cycle repeats! 215 225

Conserving water means to not waste water. Water is an important natural resource that all people, plants, and animals need to survive! We need to protect our water!

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## Soil



After reading, find the \_\_\_\_\_ and color them \_

Plants get their food from the sun and from the soil. Soil12 is made up of living and non-living things. Some living things 23 that can be found in soil are insects and worms. Non-living 34 things found in soil are *minerals*, rocks, water, and air. Bits of 46 dead plants and animals can also be found in soil. These 57 dead things *decompose*. That means that they break down 66 78 and turn into *humus* and the humus becomes part of the soil. Humus is dark in color, and the humus becomes part of the 90 soil. Humus and minerals in soil provide food for plants. 100

Soil covers the Earth in layers. The top layer is called *top*-112 *soil*. It has a lot of humus and is good for growing plants. The125 middle layer is called *sub-soil*. Sub-soil has less humus. The 135 bottom layer is called *bedrock*, and it is dense and rocky with 147 very little humus. 150

There are many different types of soil. Some soil has a 161 lot of humus and holds a lot of water. This type of soil is 175 good for many types of plants. Some soil has a lot of sand 188 in it and cannot hold water well. This sand is not as good for 202 most types of plants. Some soil has a lot of clay in it. 215

Plants need soil to grow, and animals and people need plants. Almost all living things need soil to survive!

Plants		
$\mathbf{\mathcal{C}}$	Name:	
	•seed coat •embryo	
36	<ul> <li>root</li> <li>sprout</li> <li>nutrients</li> </ul>	
	•soil •photosynthesis	
	•pollinated	
After reading, find the	and color them	

Most plants start growing from a tiny seed! A seed is made 12 up of different parts. The seed has a *seed coat* on the outside 25 that protects the seed. Inside there is a part called the *embryo* 37 that can grow into a new plant. 44

A seed needs soil, water, air, and warmth to grow. When a 56 seed has these things, the seed cracks open underground. A 66 small *root* begins to grown down and a *sprout* begins to grow up 79 out of the ground toward the sun. Roots help to support the plant 92 and get water and nutrients from the soil. The leaves of the plant105 get sunshine and make their own food. When a plant uses the 117 sun's energy to make its own food, this is called *photosynthesis*. 128 Plants are the only living things that can make their own food! 140

The sprout uses sunlight, water, and *nutrients* from the soil 150 to grow. At first, the sprout is very thin with very few leaves, 163 but as it grows bigger, the sprout becomes a seedling with more 175 leaves. After more time, the seedling becomes an adult plant with 186 many leaves.

Some adult plants grow flowers. These flowers are 196 *pollinated* by bees, birds, or even bats. When the flowers are 207 pollinated, they can grow into fruits or vegetables, depending on 217 the type of plant. The fruit from a plant protects more seeds 229 inside! When the fruit falls to the ground, more plants can grow! 241

## Living Things: Animals Name: • habitats • environment • oxygen • hydrated • digest • shelter • predators

Animals are living things that are found in places all over the 12 Earth. They can be found in many different *habitats*, such as forests,24 deserts, lakes, oceans, and even in the cold arctic habitats. Each 35 animal's habitat, or *environment*, fits the animal's needs. All living 45 things have four basic needs: air, food, water, and *shelter*. 55

Animals and all living things need air to breathe. Air contains 66 oxygen, and living things use oxygen for creating energy from food. 77 Even fish use their gills to take in oxygen underwater! 87

Even though different animals eat different types of food, all 97 living things need food. Food gives animals energy to move and 108 grow. Some animals are *herbivores*, which means that they eat only 119 plants. *Carnivores* are animals that eat only other animals. *Omnivores* 129 are animals that eat both plants and animals. 137

All living things need water. Most need to drink water to stay hydrated and to help *digest* food. Some animals need to live in water!

A shelter is like a home. Animals need shelter to protect them 174 from the weather and from danger. Animals need shelter to protect 185 them from the heat or the cold, and from other weather such as 198 snow and rain. Some animals live in caves, trees, nests, or burrows 210 underground to protect them. Predators hunt many animals, and 219 shelter can help to protect animals from danger from predators. 229 Some animals, such as a turtle, crab, or snail, use their own shells for 243 shelter! 244

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Our Earth's *environment* provides many *natural resources*, such 8 as food, air, and water. We need these things to live! We need to 22 take care of these natural resources. 28

Waste is anything we throw away or get rid of. Some of the 41 things we throw away are *biodegradable*, which means they can 51 break down and become part of the soil again. Wood, leaves, paper, 63 and peels from fruits and vegetables are examples of waste that is 75 85 biodegradable. But some things we throw away, such as plastic, glass, and metal objects are non-biodegradable. They collect in 94 landfills for many, many years. Waste from burning fuels, such as 105 from burning gas when we drive cars or burning fuels in factories, 117 can make the air dirty. Too much non-biodegradable waste can cause 128 a lot of problems and *harm* the soil, water, or air in our environment. 142

We can help our environment by finding ways to *reduce*, *reuse*, 153 and *recycle*. Reducing means to use fewer resources. To reduce, we 164 can drive cars less by riding our bikes or walking. We can shower 177 quickly and water our yards less to save water. 186

Reusing means to use something again, rather than throwing it 196 away. We can reuse clothing that has already been worn. We can 208 reuse paper or plastic bags or boxes. 215

Recycling means to turn old trash into new objects. We can 226 recycle old paper to make new paper. Old cans, jars, and bags can 239 be turned into new cans, jars, and bags. Can you think of other ways 253 to reduce, reuse, or recycle? 258